

## **KBIM PREGNANCY EXEMPTION POLICY**

1.0 To obtain an exemption from oncall duties at **34 weeks of pregnancy**, the following rules of the Ministry of Health (MOH) must be met:

- 1.1 The resident needs to obtain a report from an Obstetrics/Gynecology specialist.
- 1.2 The report should include ultrasound (U/S) results as evidence of the doctor's stage of pregnancy.
- 1.3 The doctor must submit a formal request at the secretary office of the internal medicine department.
  - 1.3.1 This request should clearly state the need for exemption from oncall duties due to pregnancy.
- 1.4 The request will then be reviewed by the head of the department, hospital director and the Health area director.
  - 1.4.1 Their approval is necessary to proceed with the exemption process.
- 1.5 After obtaining the approvals from the relevant authorities, the request will be forwarded to the legal office at the MOH. The legal office will carefully assess the request to ensure that it meets the eligibility criteria set by the MOH.
- 1.6 Upon verifying the eligibility and completeness of the request, the legal office will draft a formal letter to the mother hospital directed to both administrative and financial affairs.

2.0 It is important to note that the specific procedures and requirements may vary depending on the internal policies and guidelines of the hospital and the MOH in your specific location.

- 2.1 It is advisable to consult the official resources, guidelines or contact the relevant department for the most accurate and up-to-date information on the process of obtaining an exemption for on-call duties during pregnancy.

3.0 Once you have obtained the final approval from the Ministry of Health (MOH) for the exemption from on-call duties during pregnancy, the next steps involve uploading the document to the KBIM website and sending it directly to the Program Director (PD).